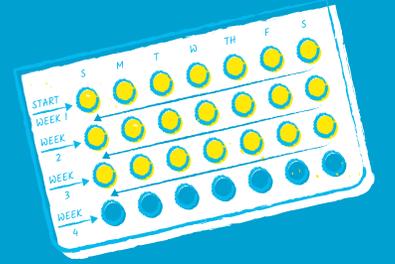
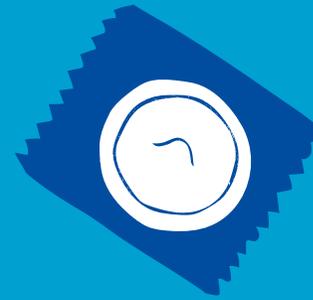
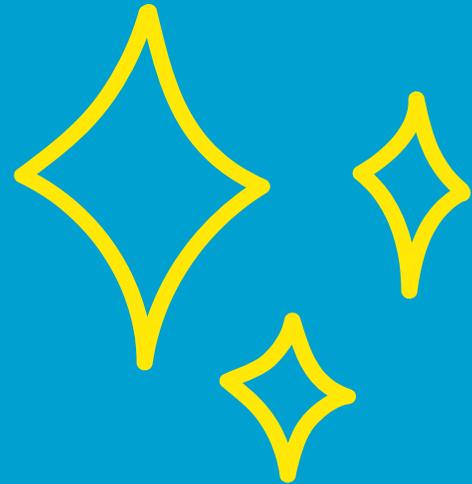


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# Leveraging Medicaid to Advance Reproductive Well-Being



# Before we get started...

- *Drop your name, organization, role and favorite summer food in the chat.*
- *Complete the pre-training assessment*

# Learning Objectives



- 1. Maximize Medicaid coverage** for pregnant and non-pregnant people of reproductive age.
- 2. Promote continued care and coverage** for clients rolling off Moms and Babies.
- 3. Identify person-centered counseling practices** to access a no-cost birth control with considerations for the post-partum period.

# Maximizing Medicaid coverage for all people of reproductive age

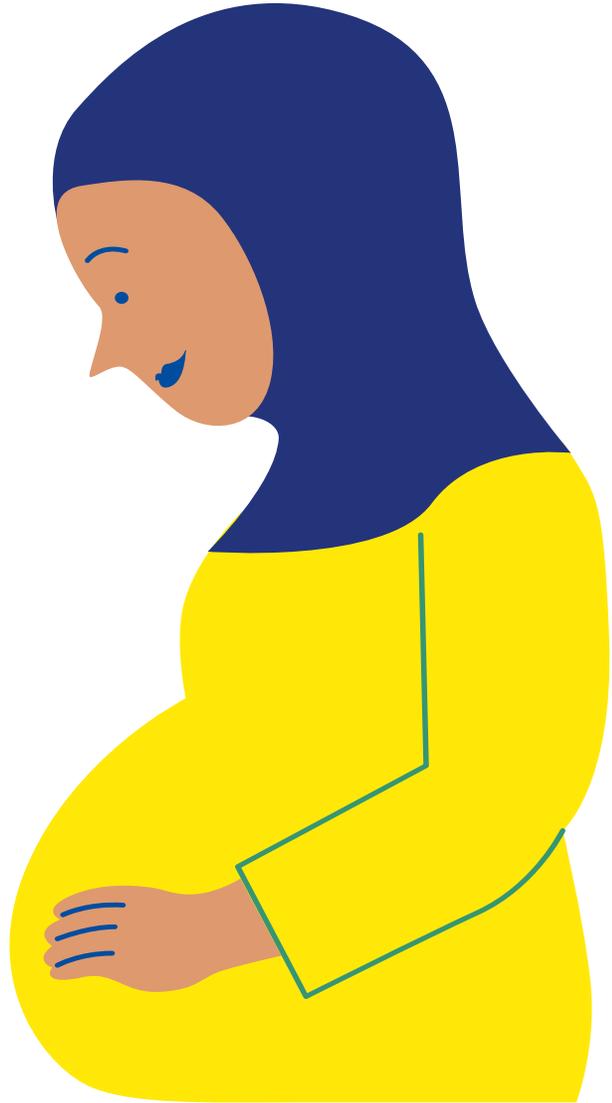
# Expanded Medicaid Basics

- **Health insurance program available to individuals and families with low income.** Clients are assessed for eligibility including immigration status and pre-tax household income ( $\leq 138\%$  FPL) to determine if they qualify.
- **Covers a wide range of services** including primary and preventive care, behavioral health, dental, inpatient and outpatient hospital visits, labs, medications, and more.
- **~85% of people enrolled in Medicaid are enrolled in one of Illinois five Medicaid Managed Care Organizations (MCOs):** Aetna Better Health, Blue Cross Community Health, CountyCare, Meridian, Molina.



<b>Eligibility Criteria</b>	<b>Expanded Medicaid</b>	<b>Moms and Babies Medicaid (MPE)</b>	<b>Medicaid for Family Planning(FPP/FPPE)</b>	<b>All Kids</b>
<b>Covered Services</b>	Full	Full	Partial (Family planning and related services)	Full
<b>Gender</b>	All	Pregnancy capable people plus baby up to 1 year	All	All
<b>Age</b>	19 and over	All	All	18 and under
<b>Income</b>	<138% FPL Household	<213% FPL Household	<213% FPL Individual counted as 2	<318% FPL Household
<b>Pregnancy status</b>	Not pregnant	Pregnant Recently pregnant	Not pregnant	Any
<b>Citizenship</b>	Citizen or legal pathway to citizenship	Any	Ongoing FPP - Citizen or legal pathway to citizenship Temporary FPPE- short term, immediate coverage: Any	Any

# Moms and Babies Medicaid



- Anyone in Illinois who is pregnant, regardless of pregnancy outcome (birth, miscarriage, or termination) with a HOUSEHOLD income of <213% FPL can enroll.
- Open to individuals of any immigration status with individuals in the program counted as a household of two (pregnant person + one for baby/fetus).
- Pregnant people can enroll immediately via Medical Presumptive Eligibility (MPE) with a certified Illinois MPE provider to help avoid any delays in accessing timely care.
- MPE enrollment is done via a self attestation with no proof/documentation required.
- Full scope benefits program ( medical, dental, behavioral, hospital, labs, medications, etc).

# Family Planning Medicaid

- **Illinois' newest Medicaid benefits program** covers primary and preventive care including family planning and preconception care.
- Open to **uninsured individuals who earn too much for full Medicaid** or privately insured individuals who have confidentiality or cost concerns around applying their coverage.
- Patients **can use coverage at any Illinois provider** (clinic, hospital, pharmacy, lab) that accepts Medicaid.





### **You can apply as an individual if:**

- You're a resident of Illinois.
- You make \$3,680 a month or less (\$44,000 a year) before taxes.
- You are not currently pregnant.

### **You should also know the application is open to:**

- People of all genders and genders.
- People with private insurance.

### **You can also get immediate, temporary coverage with family planning presumptive eligibility (FPPE):**

- For 31-60 days up to 2xs per calendar year.
- With a certified Illinois PE provider.
- Does not ask about US citizenship, verbal attestation of income only.



## Covered services include:

- Annual check-up.
- HIV testing, PEP, and PrEP for HIV prevention.
- STI testing and treatment.
- HPV, hepatitis, mpox, and COVID vaccines.
- All FDA-approved birth control (including IUDs, implant, vasectomy and tubal ligation).
- Emergency contraception.
- Preconception care.
- Mammograms and BRCA testing.
- Pap smear for cervical cancer screening and treatment for abnormal pap smears.
- Treatment for genital & urinary infection.
- Basic infertility counseling.

# The ABCs of Keeping Moms and Families Covered

The **HFS Family Planning Program (HFS FPP)** is a Medicaid program open to non-pregnant people of any age or gender. Help ensure new parents (including Dads/partners) stay covered after Moms and Babies coverage ends.

- **Assess eligibility for Family Planning Medicaid coverage.**
- **Build awareness of covered services.**
- **Connect clients to coverage and care.**



I am a U.S. citizen and have insurance through my employer, but it doesn't cover birth control for religious reasons. I make \$2800 per month before taxes.

My husband and I arrived in the U.S. this year without papers. I have cramps and heavy bleeding with menses and would like birth control to manage my pain and bleeding.

I am a US green card holder and a first-time Mom to an 11-month-old. I make about \$3,000/month and have Moms and Babies coverage, but I know it's ending soon.

I am a 25-year-old gay man and U.S. resident. I work in the service industry and earn about \$2,500/month but don't have insurance. I'd like to have an annual visit and discuss PrEP with my provider.

I am pregnant and have Moms and Babies coverage. I want to get an IUD after my birth and am looking for insurance that will cover the cost.

I'm 16 and came to the States w/o papers when I was 7 years old. I am a full-time student. I recently started having sex and want to get a STI/HIV test. I have insurance from my Dad, but he would forbid me to ever leave the house again if I told him the truth.

# Patient facing resources: ican4all.org

## Get coverage for your visit!

**People of any age, gender, or immigration status can apply for immediate, temporary coverage in just 5 minutes!**



**You are eligible to enroll if:**

- You live in Illinois.
- You make \$3680 or less a month (\$44,000 a year) before taxes.
- You are not already enrolled in Medicaid.



**In addition to your visit being free, you can also get any of the following services and medications at no cost:**

- Physical exam
- STI testing/treatment and condoms
- HIV testing, PEP, and PrEP
- COVID, HPV, Hepatitis, and mpox vaccines
- Preconception care, counseling, and labs
- Birth control (pill, patch, ring, Depo, implant, IUD)
- Emergency contraception
- Tubal ligation or vasectomy
- Mammograms, pap smears/pap follow-up
- Treatment for genital/urinary infections



**Enroll with a registered provider to apply for same-day coverage and care. Scan the QR code to find a provider near you!**

- Say “ I would like to enroll in FPPE coverage”. Your temporary coverage will begin immediately and last through the end of the following month.
- No proof of income or citizenship required - does not count toward public charge. Coverage is confidential - no bill will be sent.
- Ask your provider if you're eligible to enroll for ongoing 12-month coverage or when you're eligible to reapply for temporary coverage.



Locate a health center

www.ican4all.org

ICAN! routinely engages our Community Advisory Board, healthcare seekers, and conducts user testing of our website to create user-friendly resources to help patients understand their rights to care and coverage.

[Access 1-pager](#)

[Access interactive eligibility quiz – EN](#)

[Access interactive eligibility quiz - SP](#)

# Staff and provider resources: [ican4all.org](http://ican4all.org)

## Keeping Illinois families covered after Moms and Babies ends

The **HFS Family Planning Program (HFS FPP)** is a Medicaid program open to non-pregnant people of any age or gender. Help ensure new parents (including Dads!) stay covered after Moms and Babies coverage ends.

- A** **SSESS** eligibility for coverage. Does the patient:
- Live in Illinois?
  - Earn an individual income of less than \$3,680 a month before taxes?
  - Not have Medicaid/is about to roll off of Medicaid or Moms and Babies?

This patient may qualify for the HFS Family Planning Program!

### **B** **UILD AWARENESS** of covered services.

Being healthy is foundational to parenting. The HFS FPP covers primary care services like:

- Annual exams
- All birth control, including tubals/vasectomies
- Preconception and family planning education
- Referrals for behavioral health/substance use
- Reproductive cancer screenings and vaccines
- STI testing and treatment
- And more!



### **C** **ONNECT** clients to coverage & care.

Scan the QR code to refer a patient to a health center providing HFS FPP enrollment support and low or no-cost birth control and STI/HIV prevention and education services.



To learn more about the HFS FPP and access free trainings and educational materials visit [www.ican4all.org](http://www.ican4all.org).

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## EXPANDED MEDICAID FOR FAMILY PLANNING:

What it means for you  
and your patients



COURSE

## Immigrant Eligibility for Health Coverage with Focus on the Family Planning Program

View Course

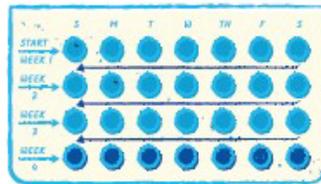
*Person-Centered Practices to Advance Clients  
Sexual and Reproductive Well-Being*

# Promoting sexual and reproductive well-being

Sexual and reproductive well-being means having the freedom, knowledge, and resources to make decisions about one's body in an informed and supported environment. **Sexual and reproductive health affects everybody - let's normalize the conversation!** Screening for contraceptive needs and desires alongside STI and HIV screening and prevention helps to de-silo and de-stigmatize these services as basic primary and perinatal care and connect clients to:



Preconception, family building, management of chronic conditions



Contraception for pregnancy prevention, spacing, or managing health conditions



STI and HIV screening and prevention (PEP, PrEP, and vaccines)

# Routine screening for contraceptive needs and desires



## **One Key Question (OKQ)**

Would you like to become pregnant within the next year?



## **Self-Identified Need for Contraception (SINC)**

Do you want to talk about contraception or pregnancy prevention during your visit today?



## **Parenting/Pregnancy Attitudes, Timing & How Important (PATH)**

Q1: Do you think you might like to have (more) children at some point?

Q2: When do you think that might be?

Q3: How important is it to you to prevent pregnancy (until then)?

Q4: What else is important to you in your birth control method?

# What else is important to you about your birth control method?

## Control of Method

- Client
- Partner
- Provider



## Mode of Action

- Hormonal
- Non-hormonal
- Barrier



## Ease & Comfort of Use

- Does/does not require a pelvic exam
- Frequency of use/of clinic visits
- Does/does not require touching one's genitals
- Has/has no impact on pleasure
- Side effects
- Nonsurgical or surgical
- Risks
- Discreetness



## Ease of Discontinuation

## Protection from STIs

## Cultural Acceptability

## Affordability

## Non-Contraceptive Benefits



## Ease of Access



- Clinic or hospital
- Purchase in store/pharmacy
- Mailed via pharmacy
- Purchase on-line
- Public space

## Duration of Effectiveness



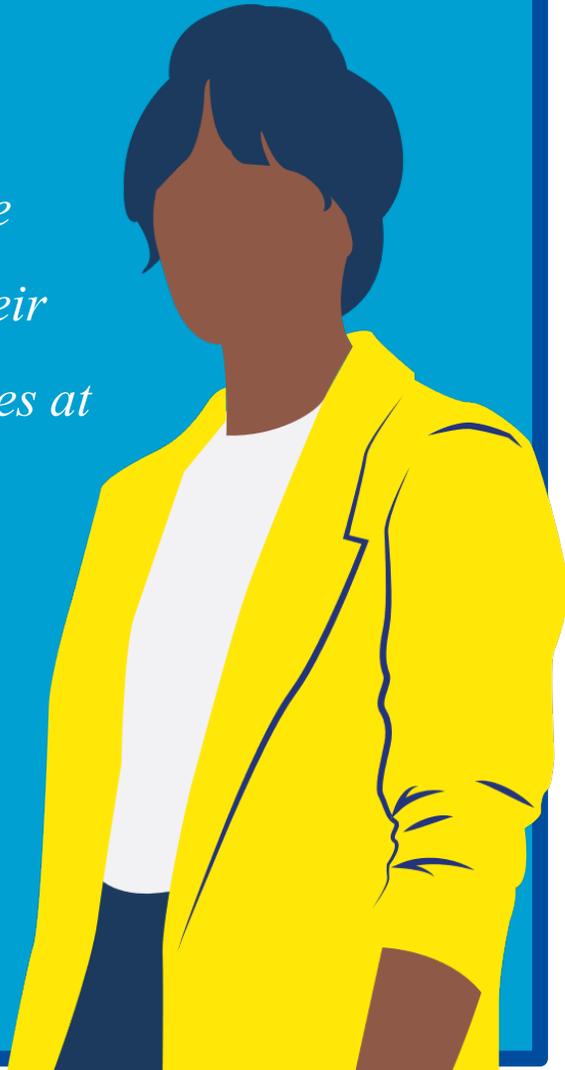
- Short-acting
- Long-acting reversible
- Permanent

# Choosing a birth control method in the postpartum period

WITHIN 10 MINUTES POST-PLACENTA																					
WITHIN 24 HOURS POSTPARTUM																					
1 TO 3 DAYS POSTPARTUM																					
3 DAYS TO 3 WEEKS POSTPARTUM																					
3 TO 4 WEEKS POSTPARTUM																					
4 TO 6 WEEKS POSTPARTUM																					
6 OR MORE WEEKS POSTPARTUM																					

# Reproductive Justice

*means placing the individual and their unique life realities at the center of the provider-client relationship.*



## The TRUER Care Approach:

**T**rauma-informed

**R**espectful

**U**nconscious bias aware

**E**vidence-based

**R**eproductive well-being centered

# Starting the conversation...

## INSTEAD OF THIS:

Are you sexually active?

The best method of birth control are IUDs or Implants because they are the most effective and work for the longest time.

Pulling out and Fertility Awareness Based Methods are not real methods of birth control and you shouldn't rely on them.

Because you just had a baby it's important you start using birth control right away. What method are you using?

Make sure to use condoms with your birth control pill so you don't end up with an STI."

## CONSIDER THIS:

I invite all of my clients to discuss their sexual and reproductive well-being. Is it ok if I ask you a couple of questions?

The best method of birth control is the one that works for you. Tell me about what feels important when choosing a birth control method.

Different methods have different levels of effectiveness. How important is it to you not to become pregnant?

Congratulations on your new addition! Do you think you might like to have more children at some point? How soon might that be?

I'm glad the birth control pill is working for you. Have you and your partner had any conversations on STI prevention? Is that something you'd like to talk about today?"

# Connecting a Client

*to care and coverage*

For Health & Social Service Providers:

[Recommend a Health Center](#)

[HFS Family Planning Program](#)

[View Courses & Resources](#)

[Login](#)

[View All](#)

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[See if You Qualify For Free Birth Control](#)

[Take the Birth Control Quiz](#)

English

[Home](#)

[Birth Control](#)

[Free Birth Control Programs](#)

[Birth Control Options](#)

[Prepare For Your Visit](#)

[About ICAN!](#)

## We're making birth control easier to get in Illinois

We believe that reproductive freedom is for everyone. No matter where you live, who you love, how you identify, or how much money you make.

[See if you qualify for coverage to get free birth control](#)

[Find a free or low-cost birth control provider](#)

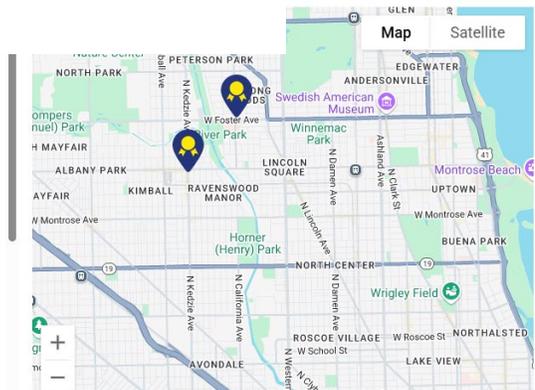
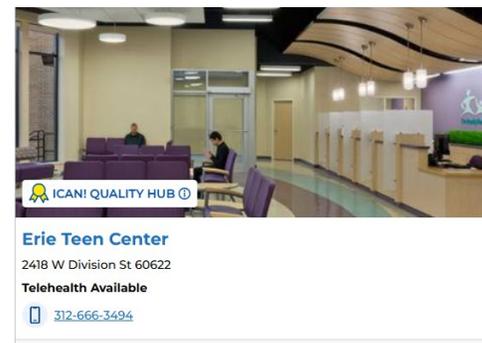


# Recommend a health center

- Your client will receive **text and email reminders** on how to schedule their appointment.
- All providers offer **free or low cost** sexual and reproductive health care.
- Many providers offer **immediate enrollment** support.
- Clients are invited to **share feedback on their experience** to improve the quality of care for others.

## Find a free or low-cost birth control provider

Everyone should have access to birth control. The providers in this search are committed to working with you to get you the birth control method you want, no matter your financial circumstances.

  
**Enter Age**  
  
**Insurance Coverage?**  
  


# Growing network of MPE/FPPE providers

- ACHN
- AHS Family Health Center
- Alivio Health Center
- Aunt Marthas
- Central Counties Health Centers
- Champaign-Urbana Public Health Center
- Chestnut Health Systems
- Chicago Family Health Center
- Christian Community Health Center
- Clay County Health Department
- Community Health Systems
- Cook County Health Systems
- Crusader Community Health
- DeKalb County Health Department
- DuPage County Health Department
- Eagle View Community Health System
- Erie Family Health Centers
- Esperanza Health Centers
- Friend Health
- Greater Family Health
- Hamdard Health Alliance
- Heartland Alliance Health
- Heartland Health Services of IL
- Howard Brown Health
- IWS Health
- Kane County Health Dept
- Knox Community Health Center
- Lake County Health Dept
- Legacy Medical Care
- Mason County Health Dept
- McHenry County Health Dept
- Mercer County Health Dept
- Near North Health
- PCC Community Wellness
- Pillars Community Health
- Pike County Health Dept
- Planned Parenthood of Illinois
- PrimeCare
- Promise Health
- Rural Health, Inc
- Shawnee Health
- SIHF Healthcare
- SIU Center for Family Medicine
- Stephenson County Health Dept
- Tap360
- Thresholds Health
- VNA Health
- Wabash County Health Dept
- Whiteside County Health Dept
- Will County Health Dept

# Join us for the rest of our Reproductive Well-Being Series!

## **AVAILABLE SESSIONS:**

**Session 1:** Modern Contraception and Reproductive Justice

**Session 2:** Routine Screening for Reproductive Well-Being

**Session 3:** The HFS Family Planning Program

**Session 4:** Leveraging Medicaid to Advance Reproductive Well-Being

## **COMING SOON:**

**Session 5:** Connecting Communities to Sexual and Reproductive Health Care and Coverage

**Session 6:** The Path Ahead – Improving Reproductive Well-Being for Your Community

*LIVE: Tuesday, July 22<sup>nd</sup> 12-1pm*

# Questions?

*Skylar Kanine [skanine@ican4all.org](mailto:skanine@ican4all.org)*

# Next Steps

Complete your post-test – it will be emailed immediately following this training!