ican!

UNDER 18 AND LOOKING FOR

BIRTH CONTROL?

DO I NEED A PARENT OR GUARDIAN TO GET BIRTH CONTROL?

No! Anyone 12+ can access birth control and STI testing on their own in Illinois. Ask your doctor about your options today!





WHERE CAN I FIND CONFIDENTIAL BIRTH CONTROL?

ICAN! providers offer confidential, respectful care. <u>Find an ICAN! clinic</u> near you! Not finding something nearby? Check out <u>Bedsider</u> for other options.

HOW MUCH WILL IT COST?

In most cases, your birth control should be free!

If you have concerns about payment, share them when scheduling your appointment. If you're using a parent's insurance and want your visit to be confidential, be sure to share this too.



DO I NEED A PRESCRIPTION FOR BIRTH CONTROL?



Sometimes! Hormonal birth control like the pill, patch, or ring requires a prescription. Some methods like an IUD, implant, or the shot require a clinician.

Condoms and emergency contraception are available over the counter. With Medicaid, they're also free! Ask a pharmacist for more details.

SPEAK UP FOR YOURSELF!

EVERYONE has the right to respectful and unbiased reproductive health care!

Ask questions if you're unsure about the information being shared with you. If your health care provider doesn't have the birth control you want, ask for a referral or visit ican4all.org.



Be confident - only YOU know what's best for YOUR body!